

Dear Patient or Carer,

The practice has been reviewing its prescribing of Circadin® tablets. This is to ensure we are prescribing the most cost-effective products using recommendations from local guidelines. As a result, we have changed your future prescriptions.

From: Circadin® tablets to Melatonin 2mg MR tablets

Melatonin 2mg MR tablets contain exactly the same active ingredient as your existing tablets, are the same strength and dose and you should not notice any difference in effect.

Your medication will be changed automatically so please order your next prescription in the usual way. Please use up any remaining Circadin® tablets first before requesting your next prescription.

If you have any queries or concerns regarding this letter, please call the PCN on 01702 987800 and a member of the pharmacy team will be able to speak to you.

Yours sincerely

Pharmacy Team Southend East PCN

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